



# Danish Diabetes Academy & Danish Cardiovascular Academy

## Basal Cardio-Metabolic PhD Course

From impaired glucose and lipid  
metabolism to cardiovascular disease

12-14 October 2022

Sinatur Hotel Storebælt  
Østerøvej 121  
DK-5800 Nyborg

# Session overview



## **Day 1**

Session I

Session II

Session III

## **Wednesday 12 October**

Fundamental biochemistry and cardiac physiology

Type I diabetes

Type II diabetes

## **Day 2**

Session IV

## **Thursday 13 October**

Treatment of T1D vs. T2D; drugs, nutrition and exercise

## **Day 3**

Session V

## **Friday 14 October**

CVDs and Diabetes; coronary heart disease, peripheral vascular disease and stroke

# Programme

## Wednesday 12 October

09:30-10:00 Registration & breakfast

10:00-10:20 Welcome, meet & greet & introduction to the course

Professor **Nils Færgeman**, University of Southern Denmark (DK),  
Professor **Thomas Jespersen**, University of Copenhagen (DK),  
Managing Director **Tore Christiansen**, Danish Diabetes  
Academy (DK)

10:20-10:40 A life with diabetes and vascular complications – a patients tale  
TBD

### Session I Fundamental biochemistry and cardiac physiology

Chair: Professor **Thomas Jespersen**, University of Copenhagen  
(DK)

10:40-11:10 Fundamental biochemistry of glucose and lipid metabolism  
Professor **Nils J. Færgeman**, University of Southern Denmark  
(DK)

11:10-11:20 Questions & answers

11:20-11:40 Fundamental cardiac physiology/pathophysiology  
Professor **Thomas Jespersen**, University of Copenhagen

11:40-11:50 Questions & answers

11:50-12:05 Group work – Discussion

12:05-13:00 Lunch

### Session II Type I diabetes

Chair: Professor **Thomas Jespersen**, University of Copenhagen (DK)

13:00-13:30 Insulin; regulation of  $\beta$ -cell functions (secretion, signaling and turnover),

Professor **Flemming Pociot**, Copenhagen University Hospital, Steno Diabetes Center Copenhagen (DK)

13:30-13:40 Questions & answers

13:40-13:45 Energizer

13:45-14:15 Insulin; regulation of  $\beta$ -cell functions (secretion, signaling and turnover)

Associate Professor **Joachim Størling**, Steno Diabetes Center Copenhagen (DK)

14:15-14:25 Questions & answers

14:25-14:40 Group work – Discussion (the student work with echo-cardiograms)

14:40-15:10 Tea & Coffee break

### **Session III      Type II diabetes**

Chair: Professor **Thomas Jespersen**, University of Copenhagen (DK)

15:10-15:40 Mechanisms of insulin resistance in type 2 diabetes. An integrated view

Professor **Kurt Højlund**, Steno Diabetes Center Odense, University of Southern Denmark (DK)

15:40-15:50 Questions & answers

15:50-15:55 Energizer

15:55-16:25 Insulin resistance and T2D/cellular mechanisms of insulin resistance/inflammation

Professor **Jørgen Wojtaszewski**, University of Copenhagen (DK)

16:25-16:35 Questions & answers



16:35-16:50	Group work - discussion
16:50-17:00	Recap of the day - Kahoot

17:00-18:30	Free time
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18:30-20:00	Dinner
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20:30-	Bonfire in the garden
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# Programme

## Thursday 13 October

07:00-08:30 Breakfast & morning exercise (optional)

08:30-08:35 Welcome back

Professor **Nils Færgeman**, University of Southern Denmark (DK)

### **Session IV Treatment of T1D vs. T2D; drugs, nutrition and exercise**

Chair: Professor **Nils Færgeman**, University of Southern Denmark (DK)

08:35-09:05 TBD

Professor **Signe Torekov**, University of Copenhagen (DK)

09:05-09:15 Questions & answers

09:15-09:20 Energizer

09:20-09:50 Exercise and cold-activated pathways as a means to improve adipose tissue and cardiometabolic health

Professor **David Wright**, University of British Columbia (CA)

09:50-10:00 Questions & answers

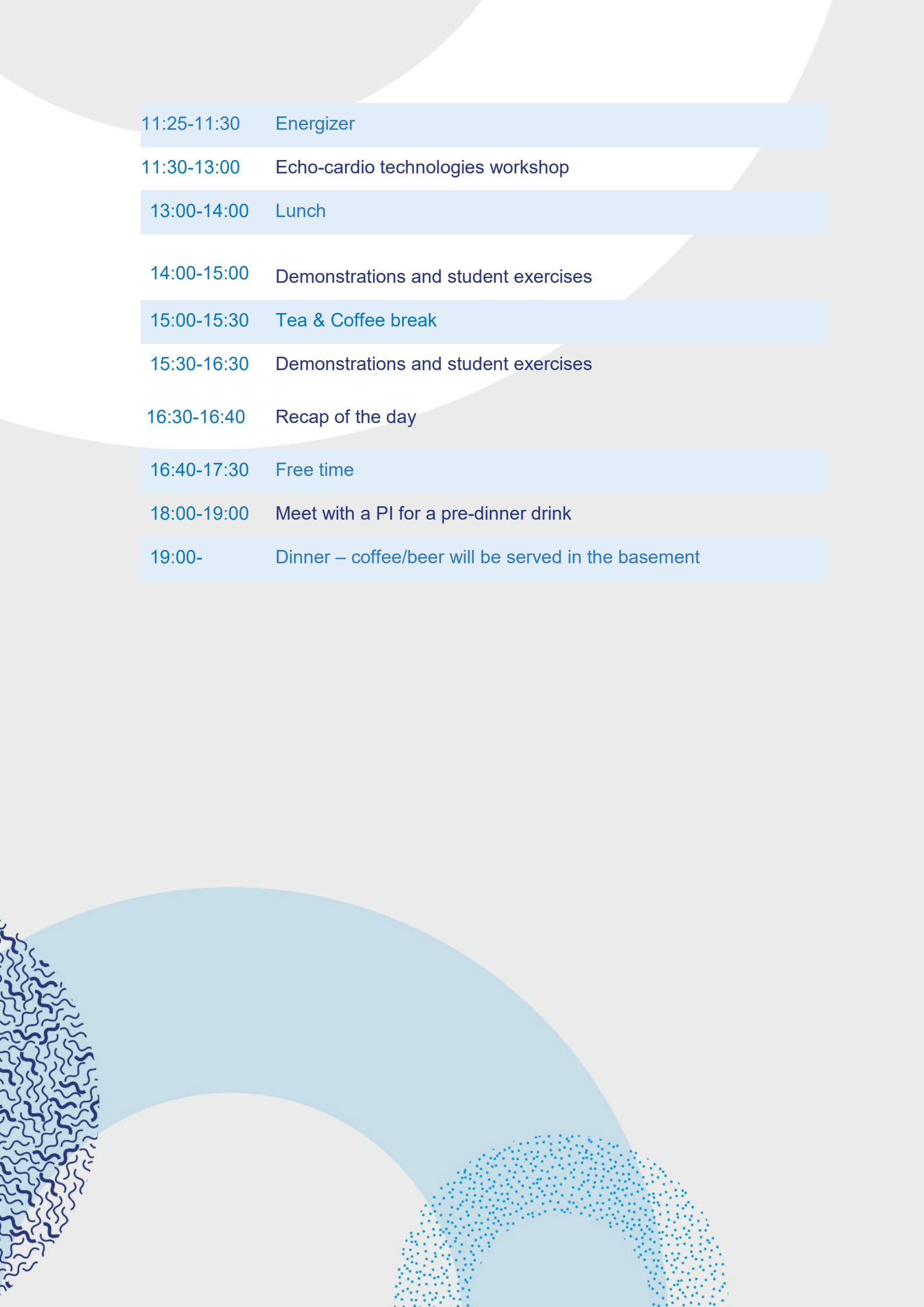
10:00-10:30 Tea & Coffee break

10:30-11:00 Appetite regulation

Associate Professor **Matthew Paul Gillum**, University of Copenhagen (DK)

11:00-11:10 Questions & answers

11:10-11:25 Group work - Discussion



11:25-11:30	Energizer
11:30-13:00	Echo-cardio technologies workshop
13:00-14:00	Lunch
14:00-15:00	Demonstrations and student exercises
15:00-15:30	Tea & Coffee break
15:30-16:30	Demonstrations and student exercises
16:30-16:40	Recap of the day
16:40-17:30	Free time
18:00-19:00	Meet with a PI for a pre-dinner drink
19:00-	Dinner – coffee/beer will be served in the basement



# Programme

## Friday 14 October

07:00-08:30 Breakfast & morning exercise (optional)

08:30-08:35 Welcome back

Professor **Thomas Jespersen**, University of Copenhagen (DK)

### Session V CVDs and Diabetes; coronary heart disease, peripheral vascular disease, and stroke

Chair: Assistant Professor **Karolina Sulek**, Steno Diabetes Center Copenhagen (DK)

08:35-09:05 Micro- and macrovascular diabetes complications

Assistant Professor **Joanna Maria Kalucka**, Steno Diabetes Center Aarhus (DK)

09:05-09:15 Questions & answers

09:15-09:20 Energizer

09:20-09:50 The link between Hypertension and Diabetes

Professor **Michael Hecht Olsen**, University of Southern Denmark (DK)

09:50-10:00 Questions & answers

10:00-11:00 Walk & Talk – Tea & Coffee to go

11:00-11:30 Pathophysiology of diabetic kidney disease

Professor **Mads Hornum**, University of Copenhagen (DK)

11:30-11:40 Questions & answers



11:40-11:55 Group work - Discussion

12:00-13:00 Lunch

**Session VI Diabetes, Obesity and Cardiovascular disease**

Chair: Assistant Professor **Karolina Sulek**, Steno Diabetes Center Copenhagen (DK)

13:00-13:30 Diabetes/obesity in new-borns and vascular complications

Senior Scientist **Louise Groth Grunnet**, Steno Diabetes Center Copenhagen (DK)

13:30-13:40 Questions & answers

13:40-13:45 Energizer

13:45-14:15 Diabetes/obesity in children/young, obesity and vascular complications

Research scientist **Morten Vonsild Lund**, University of Copenhagen (DK)

14:15-14:25 Questions & answers

14:25-14:40 Group work - Discussion

14:40-14:50 Recap of the day

14:50-15:00 Evaluation, closing remarks & snack to-go

# Organising Committee Scientific Programme

**Nils Færgeman**, Professor,  
University of Southern Denmark (DK)

**Thomas Jespersen**, Professor,  
University of Copenhagen (DK)

**Tore Christiansen**, Managing Director  
Danish Diabetes Academy (DK)



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Funded by the Novo Nordisk Foundation