

Preeclampsia and Long-term Risk of Cardiovascular Disease

Date: May 27-28, 2026

Venue: University of Copenhagen & Steno Diabetes Center Copenhagen

Organisers: Danish Cardiovascular Academy, Steno Diabetes Center Copenhagen & Rigshospitalet

PROGRAMME

Wednesday, 27 May

PhD Course: Pregnancy & Cardiovascular Disease

Venue: Maersk Tower, Room 7.15.149, University of Copenhagen

09:30 - 10:00 Registration & Coffee

10:00 - 10:15 **Welcome - Introduction to the programme**
Karoline Kragelund Nielsen & Gabriela Byskov Petersen, Steno Diabetes Center Copenhagen

Session 1

10:15 - 11:00 **Pregnancy & Cardiovascular Disease: a Cardiologist's Perspective**
Professor Paul Leeson, University of Oxford, UK

11:00 - 11:20 Coffee break

11:20 - 11:50 **Group work introduction**

11:50 - 12:15 **Introduction to preeclampsia in Denmark: current approaches to treatment and management**
Dr. Jacob Lykke, Rigshospitalet

12:15 - 13:15 Lunch

Session 2

13:15 - 14:00 **Adverse pregnancy outcomes and later risk of cardiovascular disease**
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, USA

14:00 - 15:00 **Project pitches**
Each PhD Student will present their work in a short pitch in groups

15:00 - 15:20 Break

15:20 - 16:15 Group work for panel debate

16:15 - 16:40 **A global health perspective on pregnancy & cardiovascular disease**
Professor Manisha Nair, University of Copenhagen

16:40 - 17:00 Wrap-up & closing remarks

Thursday, 28 May

Symposium: Preeclampsia and Long-term Risk of Cardiovascular Disease

Venue: Herlev Hospital, Store mødesal, 1st floor, Borgmester Ib Juuls Vej 1

08:30 - 09:00 Registration & Coffee

09:00 - 09:15 **Welcome - Introduction to the programme**
Professor Thomas Jespersen, DCAcademy, Dr. Jesper J. Linde, Rigshospitalet & Dr. Karoline Kragelund Nielsen, Steno Diabetes Center Copenhagen

Session 1 - Understanding Preeclampsia and Its Consequences

Chairs: Dr. Iben Riishede, Rigshospitalet/Aarhus University Hospital & Prof. Anne-Marie Nybo Andersen, University of Copenhagen

09:15 - 09:40 **From a mysterious and dangerous pregnancy complication to a well-characterized multisystem disorder**
Dr. Marianne Johansen, Herlev Hospital

09:40 - 10:10 **Beyond Preeclampsia: Lifelong Cardiovascular and Neurological Implications for mum**
Dr. Lina Bergman, University of Gothenburg, Sweden

10:10 - 10:35 **Connecting Preeclampsia and Future Heart Disease: Early Cardiovascular Changes After Preeclampsia**
Dr. Maria Guldbrandt Hauge, Nordsjællands Hospital

10:35 - 11:00 **Preeclampsia screening and risk assessment**
Assoc. Professor Charlotte Kvist Ekelund, Rigshospitalet

11:00 - 11:20 Break

Session 2 - Post-preeclampsia: Follow-up care and risk management

Chairs: Dr. Jesper J. Linde, Rigshospitalet & Dr. Gitte Hedermann, Nordsjællands Hospital

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| 11:20 | - | 11:50 | Detecting and intervening on early CVD risk in women with a history of preeclampsia
Professor Paul Leeson, University of Oxford, UK |
| 11:50 | - | 12:15 | Barriers and facilitators for CVD follow-up care for women with prior preeclampsia
Dr. Gabriela Byskov Petersen, Steno Diabetes Center Copenhagen |
| 12:15 | - | 13:05 | Lunch |
| 13:05 | - | 13:30 | Testimonial : Lived experience of preeclampsia |

Session 3 - Interventions to improve long-term outcomes

Chairs: Prof. Christina Vinter, Odense University Hospital & Dr. Signe Foghsgaard, Herlev Hospital & Steno Diabetes Center Copenhagen

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| 13:30 | - | 14:15 | Presentations from early career researchers based on submitted abstracts |
| 14:15 | - | 14:40 | Postpartum intervention for women with prior preeclampsia: lessons from the Heart Health 4 Moms project
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, USA |
| 14:40 | - | 15:05 | Hjertemor - a new clinic for women with prior preeclampsia in Esbjerg
Dr. Anne Godtfredsen, Odense University Hospital & Dr. Christina Oxlund, Esbjerg-Grindsted Hospital |
| 15:05 | - | 15:20 | Coffee Break |

15:20 - 16:15 **Panel Debate**
PhD Students present pro's and con's from group work on day 1, followed by panel debate with Danish and International speakers

16:15 - 16:30 **Closing remarks and reflection** Prof. Peter Damm, Rigshospitalet & Prof. Helle Terkildsen Maindal, Aarhus University

16:30 - 17:30 **Reception and networking**