



# Danish Cardiovascular Academy

## Symposium

Early growth and adiposity and the risk of cardiometabolic disease in a life course perspective: Insights from basic and clinical research

**15 March 2024, 09:00-15:00**

Holst Auditorium, 1st floor

Mærsk Tower, University of Copenhagen

## Program

09:00-09:30 Registration & breakfast

09:35-09:40 Welcome

### Session 1: Early life - Fetal and maternal impact on obesity and cardiometabolic health

09:40-10:20 Dr. **Alice Hughes**, PhD, University of Exeter, United Kingdom  
Title TBA

10:20-10:50 Clinical Associate Professor **Tine Dalsgaard Clausen**, Department of Gynecology and Obstetrics, North Zealand Hospital, Denmark  
Title TBA

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10:50-11:10 **Break & coffee**

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### Session 2: Childhood and adolescence -The consequences of childhood obesity on cardiometabolic health

11:10-11:40 Clinical & Research Associate Professor, **Jens-Christian Holm**, The Children's Obesity Clinic, Holbæk Hospital, Denmark  
Title TBA

11:40-12:10 Postdoc **Sara Elizabeth Stinson**, University of Oslo, Norway  
Title TBA

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12:10-13:15 **Lunch & meet the speakers session for younger researchers**

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**Session 3: Life long trajectories - Childhood weight trajectories and adult cardiometabolic disease**

13:15-13:45 Assistant Professor, **Roelof Smit**, Novo Nordisk Foundation Center for Basic Metabolic Research, University of Copenhagen, Denmark  
Title TBA

13:45-14:15 Associate Professor, **Jennifer Lyn Baker**, Center for Clinical Research and Prevention, Frederiksberg Hospital, Denmark  
Title TBA

14:15-14:30 Closing remarks

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14:30-15:00 **Coffee & cake and networking**

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