



Navigating Your Career Successfully

– *An Inspirational Event for Early Career Researchers*

30 October 2025

Aarhus Universitet
Konferencecenteret
Building 1420-1423, Preben Hornung Stuen (1422/132)
Frederik Niensens Vej 2-4
8000 Aarhus C, Denmark



Neuroscience Academy
Denmark

Programme

09:00 Welcome, meet and greet

09:15 **Keynote talk: What's Next after Your PhD? Turning Uncertainty into Opportunity**
*By CEO and Co-founder **Elena Hoffer**, Alma.Me (SE)*

What's next after your PhD? It's a question that can feel scary - but it should feel exciting. The truth is, your career can take many paths, and the power to shape it starts with knowing yourself. This talk is about turning uncertainty into opportunity, taking charge of your future, and realizing that the world is wide open if you step forward with clarity and confidence.

09:35 Short break

09:45 Two concurrent workshops:

Workshop A: From PhD to Industry: Crafting a CV that Gets Noticed
*Facilitated by CEO and Co-founder **Elena Hoffer**, Alma.Me (SE)*

This workshop is all about writing a strong CV for industry. Together, we'll break down the key elements, discuss what hiring teams look for, and practice writing different sections. With time to reflect, share, and refine, you'll leave with a clearer, sharper CV that translates your PhD experience into industry language and positions you for new opportunities.

Workshop B: Tips and Tricks on How to Disseminate Your Science
*Facilitated by the Scientists' Editor **Anders Høeg Lammers**, Videnskab.dk (DK)*

This workshop is an introduction to science dissemination. You'll get tools to find the stories in your research (and field of research), tools to target your communication to user needs, learn how you can target a journalist/editor, get a model that works for a lot of storytelling and tips on where to communicate your research.

11:45 Lunch

12:30 Panel debate: What Can I Be with a PHD?
*Moderated by Scientists' Editor **Anders Høeg Lammers**, Videnskab.dk (DK)*

Learn about some of the many possible career paths of someone with a life science background.

Panelists:

Associate Professor **Daniel Borch-Ibsen**, Department of Public Health, Aarhus University (DK)

Scientific Manager **Isabella Samuelson**, Novo Nordisk Foundation (DK)

Postdoc and Founder **Lene Munk**, Department at Urology at Aarhus University and Cobler Health Innovation (DK)

Scientific Partnership Lead **Sebastian Heimbürger**, Sanos Group (DK)

Research Facility Manager **Lei Cheng**, CellX, Aarhus University (DK)

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| 13:30 | Short break |
| 13:40 | Round table discussions with the panelists |
| 14:35 | Concluding remarks and farewell |
| 14:45-18:00 | Career Fair hosted by Synapse |

Organisers

This event is a Cross Academy Career initiative, jointly organised by the Danish Diabetes and Endocrine Academy (DDEA), Danish Cardiovascular Academy (DCA), Neuroscience Academy Denmark (NAD) and Danish Data Science Academy (DDSA).

