

Ph.D. course

The Copenhagen City Heart Study 1976-2026 - A Masterclass in Epidemiology

REGION



Date: Wednesday March 4th 2026

Venue: Charlotte Munk Salen, Bispebjerg Hospital, Fælleshuset, Nielsine Nielsens Vej 12

Welcome

- 09:00 Introduction to the course by Anders Marcuslund-Reuss, Study Manager, CCHS
- 09:15 Opening talk by Gorm Boje Jensen, professor, MD. co-founder of the Copenhagen City Heart Study (Østerbrounderøgelsen). Highlights and a personal career story

Session 1 - How to design a study

- 09:45 How to initiate an epidemiological study. Permissions, GDPR, logistics etc. Anders Marcuslund-Reuss, study manager, CCHS
- 10:15 Statistics in epidemiology. Anders Munch, statistician, CCHS, University of Copenhagen
- 10:45 Group work among students with a PI from CCHS in each group
- 11:15 Coffee break

Session 2 - Types of studies

- 11:30 Observational studies - What to measure? Thorkild I.A. Sørensen, Professor emeritus, Dept. of Public Health, University of Copenhagen
- 12:00 Register Studies. Christian Torp-Pedersen, Professor, MD, Steno Diabetes Center Copenhagen
- 12:30 Group work - Pro/con debate
- 13:00 Lunch

Session 3 - Case: Working with CCHS data

- 13:45 PFAS and cardiometabolic health - A current CCHS project. By Laura Deen, ph.d., post.doc.,
- 14:10 Involving tandem-talk/workshop. Students & PIs (Laura Deen joined by other associated PIs)
- 15:05 Short break

Session 4 - Getting ready for tomorrow's symposium

- 15:15 Crash course on tomorrow's topic by Steffen Petersen, Professor of Cardiovascular Medicine, Queen Mary University of London
- 15:45 In groups: Dive into the programme for the symposium and research the speakers (find out what the speakers have done previously, most valuable publications etc, and a fun-fact)
- 16:15 Present your group's research for the co-participants of the course
- 16:45 Facilitated discussion: What can I do to get the most out of the symposium?
- 17:00 Thank you for today
- 19:00 Dinner for participants and speakers (*restaurant t.b.a.*)