

Preeclampsia and Long-term Risk of Cardiovascular Disease

Date: May 27-28, 2026

Venue: University of Copenhagen & Steno Diabetes Center Copenhagen

Organisers: Danish Cardiovascular Academy, Steno Diabetes Center Copenhagen & Rigshospitalet

PROGRAMME

Wednesday, 27 May

PhD Course: Pregnancy & Cardiovascular Disease

Venue: Maersk Tower, Room 7.15.149, University of Copenhagen

09:30 - 10:00 Registration & Coffee

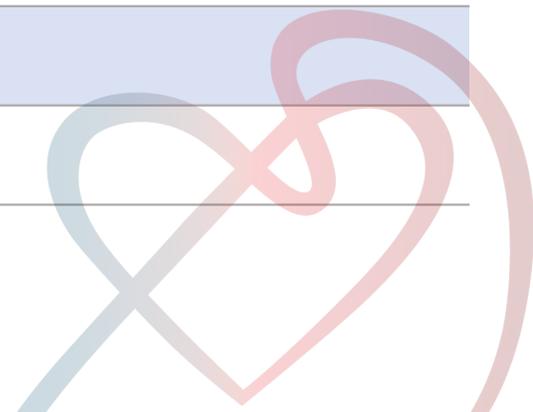
10:00 - 10:15 **Welcome - Introduction to the programme**

Session 1

10:15 - 11:00 **Pregnancy & Cardiovascular Disease: a Cardiologist's Perspective**
Professor Paul Leeson, University of Oxford, UK

11:00 - 11:20 Coffee break

11:20 - 11:50 **Group work introduction**



11:50 - 12:15 **Introduction to preeclampsia in Denmark: current approaches to treatment and management**

12:15 - 13:15 Lunch

Session 2

13:15 - 14:00 **Pregnancy outcomes and later risk of cardiovascular disease**
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, US

14:00 - 15:00 **Project pitches**
Each PhD Student will present their work in a short pitch in groups

15:00 - 15:20 Break

15:20 - 16:15 Group work for panel debate

16:15 - 16:40 **A global health perspective on pregnancy & cardiovascular disease**
Professor Manisha Nair, University of Copenhagen

16:40 - 17:00 Wrap-up / Closing remarks



Thursday, 28 May

Symposium: Preeclampsia and Long-term Risk of Cardiovascular Disease

Venue: Herlev Hospital, Store mødesal, 1st floor, Borgmester Ib Juuls Vej 1

08:30 - 09:00 Registration & Coffee

09:00 - 09:15 **Welcome - Introduction to the programme**
Dr. Jesper J. Linde, Rigshospitalet & PhD Karoline Kragelund Nielsen, SDCC

Session 1 - Understanding Preeclampsia and Its Consequences

09:15 - 09:45 **Keynote 1**
Broad introduction to PE incl. controversies and pregnancy as a “stress test”
Dr. Lina Bergman, Göteborg, Sweden

09:45 - 10:10 **Short term outcomes/consequences of PE or historical perspective on PE**
Dr. Marianne Johansen, Rigshospitalet

10:10 - 10:35 **Long term outcomes/consequences of PE**
Dr. Maria Guldbrandt Hauge & Dr. Eva Havers-Borgensen, Rigshospitalet

10:35 - 11:00 **Preeclampsia screening and risk assessment**
Assoc. Professor Charlotte Kvist Ekelund, Rigshospitalet

11:00 - 11:20 Break

Session 2 - Post-preeclampsia: Follow-up care and risk management

11:20 - 11:50 **Keynote 2**
Detecting and intervening on early CVD risk in women with a history of preeclampsia
Professor Paul Leeson, University of Oxford, UK



11:50 - 12:15 **Prevention of cardiovascular disease in women**

12:15 - 12:40 **Barriers and facilitators for CVD follow-up care for women with prior preeclampsia**
Dr. Gabriela Byskov Petersen, SDCC

12:40 - 13:30 Lunch

13:30 - 13:50 **Testimonial : Lived experience of preeclampsia**

Session 3 - Interventions to improve long-term outcomes

13:50 - 14:25 Presentations from early career researchers based on submitted abstracts

Keynote 3
Postpartum intervention for women with prior preeclampsia: lessons from the Heart Health 4 Moms project
Associate Professor Janet Rich-Edwards, Brigham & Women's Hospital / Harvard University, Boston, US

14:50 - 15:15 **Hjertemor – a new clinic for women with prior preeclampsia in Esbjerg**
Dr. Anne Godtfredsen, Odense University Hospital & Dr. Christina Oxlund, Esbjerg-Grindsted Hospital

15:15 - 15:30 Coffee Break

15:30 - 16:15 **Panel Debate**
PhD Students present pro's and con's from group work on day 1, followed by panel debate with Danish and International speakers

16:15 - 16:30 **Closing remarks and reflection**

16:30 - 17:30 **Reception and networking**

